



Mothers, Daughters, Sisters, Friends...

Be Good to Yourself-

By taking care of your health.

It is important for women over age 40 to have regular cancer screenings. Regular breast exams, mammograms, and Pap tests are needed to find cancer at its earliest stages – a time when cancers are more treatable.

Carroll County Public Health, through the Iowa Department of Public Health, and the Centers for Disease Control and Prevention, helps low-income, uninsured, and underinsured women gain access to breast and cervical cancer screenings and diagnostic services. The Iowa Breast and Cervical Early Detection Program provides these services:

- Clinical breast examinations
- Mammograms
- Pap tests
- Surgical consultation
- Referrals to treatment
- Diagnostic testing for women whose screening outcome is abnormal.

Are you or someone you know between the ages of 40 and 64 and in need of routine breast and cervical cancer screenings? All providers in Carroll County are able to provide these services through our program.

Must meet income guidelines.

For more information contact Carroll County Public Health, a division of St. Anthony Home Health Agency at 712-794-5279.

For more program information link to
<http://www.cdc.gov/cancer/nbccedp/about.htm>
or <http://www.idph.state.ia.us/careforyourself/>

the BEST



Protection
is EARLY
Detection