

Just for this evening, I will hold you in my arms and tell you a story ...

HOPES

What is HOPES?

H.O.P.E.S. (Healthy Opportunities for Parents to Experience Success) is a high quality family-centered, family support service. It is a long-term prevention strategy that is delivered as a home visitation program to visit pregnant women, parents of newborns, and other families with children 0 to 5 years of age. All families are offered primary prevention services, addressing a host of family issues, such as health and development, school readiness, socialization, parent-child interaction, parenting and family skills.

Services Provided:

- In home visits by specially trained staff who offer support with infant, toddler, preschool, and childhood development education.
- Prenatal education and support.
- Linkage of family to medical providers. Follow-up to ensure that immunizations are timely and up to date.
- Socials and Education classes are available for parents and children to interact and meet others.
- Referrals to transportation assistance.

What happens during home visits?

- Families receive current information on child development, child health, parent/child interactions, discipline, and other parenting skills.
- In-home staff work with children and parents on pre-school and kindergarten readiness skills.
- Families obtain assistance in locating health care providers.
- Families develop a trusting relationship with a family support worker as they confront the daily challenges of parenting.

How much does the H.O.P.E.S. program cost?

There is NO CHARGE for this program

How do I enroll in HOPES?

Call 712-794-5279 or 1-800-684-3020. Or visit the Carroll County Public Health/St. Anthony Home Health Office at 318 S. Maple, Suite #3, Carroll, Iowa, 51401



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